

## **J.O.Y. (Just Older Youth)**

### **Program for 2023**

To RSVP or for more information, please contact Debora Honodel ([JOYGSUMC@gmail.com](mailto:JOYGSUMC@gmail.com)).

January 17 @ 11 a.m.

#### **Program by Va. Credit Union at Kitchen 33 followed by lunch.**

Sylvia Watford with Virginia Credit Union will speak on How To Protect Your Identity followed by lunch at Kitchen 33.

February 21 @ 11 a.m.

#### **Jason Blake Henrico Parks and Recreation**

Did your New Year's resolution to eat better and exercise more fall by the wayside? No worries. Good Shepherd member Jason Blake and crew from Henrico Parks and Recreation will explain various programs Henrico Parks and Recreation has to offer. Therapeutic Recreation, Virtual Programs, fitness, and wellness classes. There's something for everyone.

March 21 @ 11 a.m.

#### **Henrico County Police**

Would you know what to do in an active shooter situation? Join J.O.Y. (Just Older Youth) March 21 at 11 a.m. for an **Open Shooter Presentation** by Henrico County Police.

April 18 @ 11 a.m.

#### **Wings of Hope Ranch**

Learn how God brought about the ranch from humble beginnings to a thriving, growing ministry by bringing together rescued horses and children with different needs.

Join J.O.Y. (Just Older Youth), April 18 at 11 a.m. to hear the history and ministry of the Wings of Hope Ranch.

May 16 @ 11 a.m.

#### **Behind the Shell: The W.M.R. & Seven Pines Bag Loading**

(Henrico Parks Program)

With America's entry into World War 1, the land on which the town of Sandston and the airport now occupy, played an important role in the war effort. The Women's Munition Reserve, brainchild of Miss Winifred Crenshaw, recruited, trained, and staffed a powder bag loading plant with jobs designed for women and (to some extent) by women.

Join J.O.Y. (Just Older Youth) May 16 at 11 a.m. to learn how local women played an important role in WWI.

June 20 @ 11 a.m.

**Bluegrass Band “I’ll Be Steppin Too”**

Get ready to clap your hands and tap your toes! The bluegrass band, I’ll Be Steppin Too, is returning to entertain us with their lively music. Join J.O.Y. (Just Older Youth) June 20 @ 11 a.m. for some great entertainment.

July – August

No Meetings

September 19 @ 11 a.m.

**Ukulele Band, The Ukesters**

Our favorite ukulele band, The Ukesters are back! Join J.O.Y. (Just Older Youth) September 19 @ 11 a.m. We’ll sing, laugh and just have a good ole time!

October 17 @ 11 a.m.

**Ultimate Gorilla Photo Safari – Uganda and Rwanda with Celeste Miller**

Travel virtually with Celeste to Uganda and Rwanda to experience Mountain gorillas and other wildlife. The presentation is 90 minutes. There will be an intermission for snacks/drinks.

November 14 TENTATIVE

(2<sup>nd</sup> Tuesday @ 11:30)

Henrico County Police

Detective N. C. Elliott, 1<sup>st</sup> female sniper for the Henrico County Police Department

Collect for the Christmas Family

December 19

Program TBD